



The PSWSFA is a family-oriented fishing club established in 1957. Our meetings are held on the 3rd Tuesday of each month (March-Dec.) at 7:00pm. We meet at the Former Plumbers Union Hall at 7812 Warwick Blvd until we find a new home. The meetings are free and open to the public and are a great place to swap stories with other local fishermen, find new fishing partners and plan trips together. We have raffles with nice giveaways-donated by local businesses. Each month we have speakers sharing their experience on one of the local fisheries. Come join us and get to know some of the other fishermen in your local area. Directions can be found at <https://pswsfa.com/services/>

**21 July General Membership Meeting**, our first for the year, *is on*. Looking forward to seeing everyone. Meeting is at our usual place at the IBEW union hall on Warwick Blvd. Directions are on last page.

**Please wear a mask.**

**Don't forget to bring your past Monthly fish entries for Milton and money for membership dues if you haven't paid already.**

Well summer has arrived as expected, hot, humid, and sticky with more hot and humid to follow for 3+ months.

Cobia fishing continues to be very good so far this year with more good fishing forecast.

If you haven't been keeping up with new regulations please see the following from VMRC for updated regs. from May 2020 on Cobia and Amberjack. **REGULATION 4 VAC 20-510-10 ET SEQ. "PERTAINING TO AMBERJACK AND COBIA"** more on page 3.

I'm still catching micro fish from shore, I obviously don't know any of the good spots. If they had citations for smallest fish species caught on hook and line I'd have several. I did manage to catch my first snapper bluefish in late June to go along with my smallest in a species prize. Luckily no one else in the club seems to have this problem.

In early July I did manage to catch two nice 22 in. puppy drum and a couple of croakers to 14 inches on small jigs from shore right at high tide.



**Trash brought ashore by Danny**

## FROM THE PRESIDENT

Danny Forehand,

Greetings to everyone. I hope this note finds you all well and enjoying yourself this summer. The meeting will be held at the IBEW union hall this month unless we post differently on our Facebook page. I need to touch base with the folks at the hall to ensure that this can happen. I will post an announcement on the FB page to let everybody know.

The fishing has been really good for both the offshore and inshore fisherman. In the bay, cobia have been the main attraction with a steady catch of red drum as well. I have seen several reports with nice sheephead and the trout continue to make their presence known as well. Along the oceanfront the cutlassfish (better known as ribbonfish) are here in large numbers. Some might even call them a nuisance fish while they are trying to sink their lures into the mouths of hungry kings and the ribbonfish will not leave the baits alone. Schools of redfish are cruising along the oceanfront and many anglers have had the pleasure of catching and releasing these brutes. Spades have been biting well both at the CBBT islands and out along the well-known structures off the beach such as the Chesapeake Light Tower and reef. Flounder are starting to bite well recently. The tunas have been in the offshore waters of NC for many weeks now. The sharks are making the tuna fishing difficult. It is not hard to get them to bite, but quite difficult getting them all the way to the boat before a hungry shark takes them off your line. The tuna fishing off Va. picked up in the last few weeks and now I am also seeing reports of white and blue marlin. If you have not already been out there doing the fishing you enjoy the most then it is time to get yourself on the water and join the action.

This year I have been documenting the trash that I pull out of the water while I am out fishing. I hope you will join me and take the time to stop and pull some of the trash floating in our waterways. I have found everything from pool noodles to empty menhaden boxes and beach balls. If we all take a minute or two out of our trips to gather some of this trash, I believe the ocean and bay would be grateful.

Tight lines

*Danny Forehand*

*President, PSWSFA - More From Danny on last page*

### 2020 Club Officers

**Danny Forehand**

President

**Milton Hudgins**

Vice President

**Rachel Nelson & Wally Veal**

Secretary

**Christina Grice**

Treasurer

**Charles Southall**

Corresponding Secretary

**Stan Simmerman**

Past President

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John Hunt Jr.

Ronnie Wilson

Gary Donaldson

Dave Boyce

Rick Wineman

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Wally Veal

Johnny Boyd

David Agree

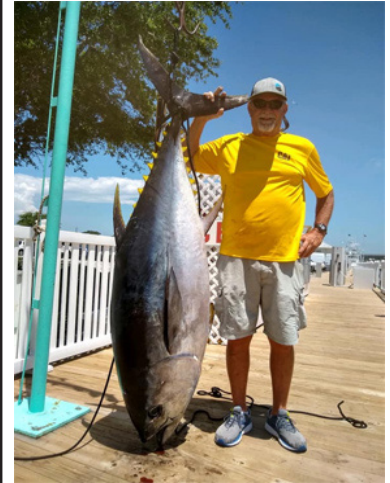
Steve Martin

Jerald Abraham

Wes Blow

Don Lancaster

Mike Frielingsdorf



**A**ttention all members: This is a reminder that all memberships will now expire on the last day of February of each year. Forms are available from Johnny Boyd (membership committee). At the December 2019 board meeting the board voted to increase the dues by \$10. As before, the \$40 is per individual or family. We haven't had a dues increase in pretty much forever and this will help the club pay for the increased cost of our meeting space as well as supporting events like the picnic, awards banquet, and fishing related events, organizations, and tournaments.

### **PSWSFA 2020 MEMBERSHIP**

**Dues: \$40 per year for entire family\***  
**(March through February - not prorated throughout the year)**

Name: \_\_\_\_\_ Spouse: \_\_\_\_\_

Dependents Names and ages

1) \_\_\_\_\_ 4) \_\_\_\_\_

2) \_\_\_\_\_ 5) \_\_\_\_\_

3) \_\_\_\_\_ 6) \_\_\_\_\_

\*Family must be living with you

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Boat Name/Call Sign: \_\_\_\_\_

Total number in your membership: \_\_\_\_\_

Send this form with a check (payable to PSWSFA) to:

PSWSFA  
P.O. Box 5194  
Newport News, VA 23605

Please check one of the following:

☐ Yes, please add my name to the club membership book  
☐ No, please do not publish my information



**June 26, 2020:** VMRC has updated the guidelines for the Charter for Hire industry operations during COVID-19 for *Safer at Home: Phase III* starting July 1. The updated version adjusts the social distancing requirements to mirror those in place for restaurants and beverage services and provides recommendations for updated signage. If you have further questions, please email [fisheries@vmrc.virginia.gov](mailto:fisheries@vmrc.virginia.gov). [[Revised Charter Fishing Operating Guidelines](#)]

**June 23, 2020:** Results of the June 23rd Commission electronic meeting have been posted. [[Commission Results](#)]

**June 19, 2020:** NOAA Fisheries has increased the retention limit for the commercial aggregated large coastal shark (LCS) and hammerhead shark management groups for directed shark limited access permit holders in the Atlantic region from 36 to 55 sharks per vessel per trip effective June 19, 2020. [[ASMFC Memorandum](#)]

**REGULATION 4 VAC 20-450-10 ET SEQ. "PERTAINING TO THE TAKING OF BLUEFISH"**

**REGULATION 4 VAC 20-490-10 ET SEQ. "PERTAINING TO SHARKS"**

**REGULATION 4 VAC 20-910-10 ET SEQ. "PERTAINING TO SCUP (PORGY)"**

**Slightly smaller-than-average 2020 'dead zone' predicted for Chesapeake Bay** - From the University of Michigan News

Researchers from the University of Michigan, the Chesapeake Bay Program and the University of Maryland Center for Environmental Science are forecasting a slightly smaller-than-average Chesapeake Bay "dead zone" this year, due to reduced rainfall and less nutrient-rich runoff flowing into the bay from the watershed this spring.

The bay's hypoxic (low oxygen) and anoxic (no oxygen) zones are caused by excess nutrient pollution, primarily from agriculture and wastewater. The excess nutrients stimulate an overgrowth of algae, which then sink and decompose in the water. The resulting low oxygen levels are insufficient to support most marine life and habitats in near-bottom waters, threatening the bay's crabs, oysters and other fisheries.

This year's Chesapeake Bay hypoxic volume, known as a dead zone, is expected to be 9% lower than the average measured over the past 34 years. The volume of water with no oxygen is predicted to be 4% lower than the average, the researchers announced today.

"Each year, the forecasts are reported to be bigger or smaller than some long-term average, when in fact the long-term average is not the goal," said University of Michigan aquatic ecologist Don Scavia, professor emeritus at the School for Environment and Sustainability. "This year's forecast calls for a dead zone that is still larger than that implied by the targets set under the Chesapeake Bay load agreement."

Although different types of nutrients contribute to the annual Chesapeake Bay dead zone, it is nitrogen—which enters the bay from January through May—that is a key driver in how hypoxic conditions can vary from year to year.

*Continued on page 4*

## **Last Month's Mystery Fish: Inshore Lizardfish *Synodus foetens***



The lizardfish can be found in the Bay as far north as Annapolis in the west and the Chester River in the east.

The inshore lizardfish has an elongated, cylindrical body. It has a pointed snout and large mouth with sharp, slender teeth on its jaws. It has a large, soft fin in the middle of its back, called the dorsal fin, and a smaller fin towards its tail, called the adipose fin. Its tail, or caudal fin, is forked. On top, the inshore lizardfish is greenish brown, with whitish sides and bottom. Its bottom and sides might be spotted or blotched in the shape of eight diamonds. Inshore lizardfish can reach up to 16 inches in length and live up to nine years.

Inshore lizardfish are voracious predators and will bury themselves in sand or mud to catch prey or hide from predators. They eat primarily fish and small invertebrates.

The inshore lizardfish is also known as the galliwasps, lagarto and sand pike.

Inshore lizardfish are commonly caught by anglers but are considered a nuisance fish.

Many inshore lizardfish are caught as bycatch in shrimp trawls in the Gulf of Mexico.

According to one source on Facebook, lizardfish make excellent eating. Who knew?



In spring 2020, Chesapeake Bay received levels of nitrogen pollution that were 17% below the long-term average. The nitrogen loads included 111 million pounds recorded at nine river-input monitoring stations, along with 7.3 million pounds from treated wastewater.

“The hypoxic forecast is a critical component to tracking progress of our Chesapeake Bay restoration efforts. Dissolved oxygen levels are a key indicator of bay health, as sufficient oxygen is needed to support our iconic Chesapeake species such as oysters, crabs and fin fish,” said Bruce Michael, director of the Resource Assessment Service at the Maryland Department of Natural Resources.

“The forecast brings attention to our continued need to implement our nutrient reduction strategies. We look forward to working with our Bay Program partners to monitor and report on hypoxic levels throughout the summer.”

Jeremy Testa of the University of Maryland Center for Environmental Science said the annual forecasts “continue to help scientists understand what controls long-term changes in hypoxia in Chesapeake Bay, improving our ability to predict them and to identify actions to mitigate them.”

Since 2007, a model developed by University of Michigan researchers has been used to forecast the volume of summer hypoxia for the main stem of the Chesapeake Bay by using the amount of nitrogen pollution flowing into the bay from the Susquehanna River during the previous January through May. A companion model from the University of Maryland Center for Environmental Science forecasts summer volumes of oxygen-free water.

Scientists at the Virginia Institute of Marine Science, in collaboration with Anchor QEA, produce daily real-time estimates of hypoxia volume that are already showing substantially less hypoxia in 2020 than in recent years.

Funding for the models came from the National Oceanic and Atmospheric Administration. Data used in the models are provided by the U.S. Geological Survey, Maryland Department of Natural Resources, Virginia Department of Environmental Quality, and Chesapeake Bay Program.

In 2020, the hypoxia model was updated, refined and later transferred to the Chesapeake Bay Program through a collaborative effort led by modelers at the University of Michigan, University of Maryland Center for Environmental Science, Virginia Institute of Marine Science and Chesapeake Bay Program.

The enhanced model now provides hypoxia projections for an average July, average summer and the total annual average hypoxia volume, based on the measure of nitrogen pollution and river flow captured at the nine U.S. Geological Survey river input monitoring stations, through partnerships with Maryland and Virginia.

Together these stations—which are located on the Appomattox, Choptank, James, Mattaponi, Pamunkey, Patuxent, Potomac, Rappahannock and Susquehanna rivers—reflect nitrogen loads flowing into the bay from 78% of its 64,000-square-mile watershed. The load estimates also include point sources such as wastewater treatment plants that enter the rivers downstream of the monitoring stations.

“We are excited to see our research forecast model transferred into operations at the Chesapeake Bay Program, ensuring its continuity, updates and refinements,” said Michigan’s Scavia.

Throughout the year, researchers measure oxygen and nutrient levels as part of the Chesapeake Bay Monitoring Program, a bay-wide cooperative effort involving watershed jurisdictions, several federal agencies, 10 academic institutions and more than 30 scientists.

Among these institutions, the Maryland Department of Natural Resources and the Virginia Department of Environmental Quality conduct eight to 10 cruises between May and October—depending on weather conditions—to track summer hypoxia conditions in the bay.

Results from each monitoring cruise can be accessed on the Eyes on the Bay website for the Maryland portion of the bay and the VECOS website for the Virginia portion. Estimates of river flow and nutrients entering the bay can be accessed on the U.S. Geological Survey website.

A bay-wide assessment of the 2020 dead zone will be available in the fall.

Pollution-reducing practices used in backyards, in cities and on farms can reduce the flow of nutrients into waterways. Management actions taken to decrease loads from point sources such as wastewater treatment plants may immediately show detectable pollution changes, but there is often a lag in measuring their impact on improving water quality and the health of the bay.

Weather conditions also play a role in the size and duration of the annual dead zone. Heavy rainfall can lead to strong river flows entering the bay, which carries along increased amounts of nutrient pollution. Hot temperatures and weak winds provide the ideal conditions for the dead zone to grow larger and last longer, as occurred in 2019.

by Rachel Felver of the Chesapeake Bay Program.

More Information: [\*\*Don Scavia’s hypoxia forecast page\*\*](#)



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## As Weather Wreaks Havoc, Better Check Your Boat's Insurance Policy

SPRINGFIELD, Va., July 7, 2020 – According to NOAA, the 12-month-period ending in April 2019 was the wettest in U.S. records dating back to 1895. As extreme weather events become more common, few are more affected than recreational boaters who store their vessels on the water at a marina, boat club or backyard dock. Flooding, hurricanes, tornados or heavy snows falling on boat shed roofs are just a few sound reasons to insure your boat.

As the frequency and severity of storm events increase, the nation's largest advocacy, services and safety group for recreational boaters, Boat Owners Association of The United States (BoatUS), expects the impact on recreational boaters to grow, and has three tips to help deal with extreme weather and how your insurance policy addresses potential harm to your boat.

1. Focus on the big stuff. With extreme weather, boaters need to look at the biggest boat insurance risk – a sinking with partial/total loss of the boat. According to the BoatUS Marine Insurance Program claims files, the lion's share (69%) of boat sinking insurance claims occur while the boat is tied up at the dock, the owner absent. While these sinkings are often the result of striking a submerged object or equipment failure such as a bilge pump that doesn't

work, cracked outdrive bellows or damaged thru-hulls, precipitation is a common underlying factor in dockside sinkings. Does rain easily shed off your boat, and do you have a reliable way to remove water that makes its way in?

2. Proceed with caution. In the springtime, boats sink for certain reasons such as when rains overwhelm a bilge pump and battery, ice pops a hose off its connection, or scuppers are clogged. Severe rain and thunderstorms, which can include hurricane-force winds, require ensuring decks and boat covers are watertight and the bilge pump is in good shape. With forceful currents and other navigational hazards, boats stored on rivers and creeks may also be more prone to damage from flood events and should be hauled before launch ramps are closed. Running a boat in floodwaters requires additional safety precautions. For the biggest storms, [BoatUS.com/Hurricane-prep](http://BoatUS.com/Hurricane-prep) offers free hurricane preparation tools for boaters and clubs.
3. Know your policy's salvage coverage. As the last backstop to a potential weather-related sinking, having full salvage coverage included in your boat's insurance policy is important. Salvage comes into play when a boat sinks and needs to be recovered. A policy's salvage coverage will pay to recover your boat from under the collapsed shed, at its dock or stuck on a beach, and transport it safely to a repair facility. While many salvages are routine, some are not and can be costly. The question is, do you have enough of this coverage? Many boaters assume the cost of raising or moving the boat to a safe location is included. That's not always the case. Some marine insurers, when processing your insurance policy claim and writing you a check, may subtract salvage costs from the insured value (hull value) of the boat, or put a very low limit on salvage coverage available. This could leave a boat owner potentially on the hook to pay for salvage expenses out of their own pocket, reduce the funds available to make repairs, and, in the case of a complete (total) loss, decrease the final claim amount paid to the owner. Better policies, according to BoatUS, provide full salvage coverage that is separate but equal to the limit agreed to on the boat's hull value coverage, giving the boat owner a better value. This means if a boat has an agreed hull value of \$30,000, there is a separate \$30,000 limit available to pay salvage expenses. If extreme weather comes your way and something bad happens, you're ready for it.





# FISH TALES



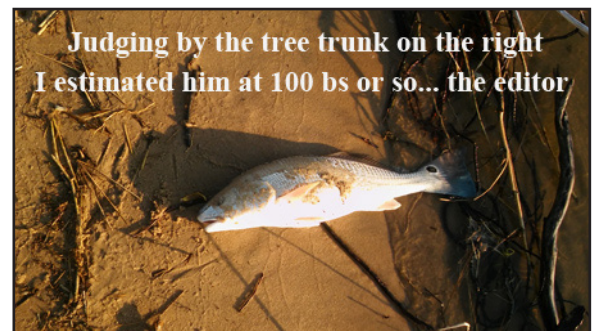
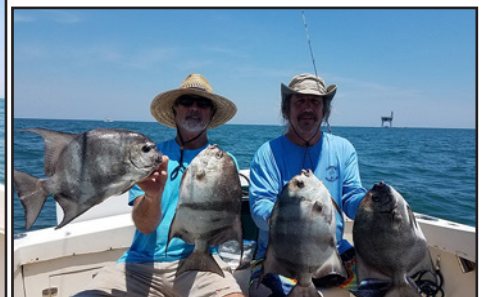
Ken Neill took co-worker Meghan Wells cobia fishing in June and tagged and released 3 cobia before the sharks moved in.



Stan and Daily Vandergriff had a good day in June fishing for Cobia. Rumor has it that Daily let the big one get away.



Stan's new flats boat



Judging by the tree trunk on the right I estimated him at 100 bs or so... the editor

## Monthly Tournament Awards - December - Maybe a new list in August

Species	Minimum Size	Angler	Length
Albacore Tuna	35 inches		
Amberjack	40 inches		
Big Eye Tuna	40 Inches		
Black Belly Rose Fish	14 inches		
Black Drum	40 inches		
Blackfin Tuna	20 inches		
Bluefin Tuna	45 inches		
Bluefish	25 inches	<b>Rick Wineman</b>	<b>37"</b>
Blue Line Tilefish	20 inches		
Blue Marlin	Release		
Channel Bass	40 inches		
Cobia	40 inches		
Croaker	16 inches		
Dolphin	35 inches		
False Albacore	25 inches		
Flounder	22 inches		
Golden Tilefish	30 inches		
Gray Trout	24 inches		
Grouper	16 inches		
Jack Crevelle	36 inches		
King Mackerel	35 inches		
Pompano	12 inches		
Sailfish	Release		
Sea Bass	15 inches	<b>Chris Boyce</b>	<b>24"</b>
Shark	60 inches		
Sheepshead	15 inches		
Snapper	12 inches	<b>Stan Simmerman</b>	<b>18"</b>
Spadefish	18 inches		
Spanish Mackerel	20 inches		
Spearfish	Release		
Speckled Trout	21 inches	<b>Stan Simmerman</b>	<b>24"</b>
Spot	8 inches		
Striped Bass	36 inches	<b>Wally Veal</b>	<b>50"</b>
Swordfish	Release		
Tarpon	Release		
Tautog	18 inches		
Triggerfish	15 inches	<b>Stan Simmerman</b>	<b>19 1/2"</b>
Wahoo	40 inches		
White Marlin	Release		
<i>Whiting (Roundhead)</i>	14 inches		
<i>Yellowfin Tuna</i>	35 inches		

MAIL ENTRY FORMS TO:

MR. MILTON HUDGINS

1894 KATIE LANE

HAYES, VA 23072

(e-mail: [judygee03@gmail.com](mailto:judygee03@gmail.com))

### Deadline for turning in your 2020 entry forms:

Month of Entry	Deadline (RegMtg)	Month	Deadline (Reg Mtg)
January	21 Feb	July	18 Aug
February	18 Mar	August	15 Sep
March	21 Apr	September	20 Oct
April	19 May	October	17 Nov
May	16 Jun	November	15 Dec
June	21 Jul	December	by Brd Mtg 12 Jan 21



# PSWSFA 2020 TOURNAMENTS



## 2020 PSWSFA TOURNAMENTS

Download "Official Entry Form" at  
<https://www.pswsfa.com/MonthlyEntry.pdf>



## FOR ALL TOURNAMENTS

You must register prior to fishing and use the official monthly form filled out by an official weigh station with time, date and weight of fish, & weight master's signature to verify catch. All Club Tournaments will have Awards for the first 3 places.

Questions Contact: Tournament Director Rick Wineman: [rick@getanetsportfishing.com](mailto:rick@getanetsportfishing.com) or 757-268-1539.

### CLUB TOURNAMENTS

For Club Members: \$20 entry fee for each individual tournament or  
 \$60 if you sign up for all tournaments at one time

#### Bishop's Triple Threat Tournament

Cobia – Channel Bass – Black Drum

"Combined total number of inches"

April 1, 2020 through July 31, 2020

\$20/each member & \$30/each non-member

Leave from any port, no weigh in (length total of 3 fish)

Must Receive Completed Form no later than the Board Mtg. Aug. 11, 2020

See Rules below for Catch and Release fish totals. (Witness or photo)

#### Don Forman

Club Cobia Tournament  
 sponsored by Bishop Fishing Supply

August 1-31, 2020

\$20/each member & \$30/each non-member

Leave from any port

Must Receive Completed Form no later than  
 the Board Mtg. Sept. 8, 2020

#### Grafton Fishing Supply Club Spot Tournament

September 19-20, 2020

\$20/each member & \$30/each non-member

Weigh in: 2:00pm Sept. 20<sup>th</sup> at Dare Marina

All entries will be weighed using the same scale

followed by the **Annual Club Picnic and Awards Ceremony** for the Spot  
 and Youth & Ladies Croaker / Spanish Mackerel Tournaments

Spot Tournament - Two categories with 1<sup>st</sup> – 3<sup>rd</sup> place winners:

"ADULT ENTRIES" and "YOUTH ENTRIES"

(Anglers for the Spot Tournament must be present to win)

RSVP by Sept. 15<sup>th</sup> if you are coming to the Annual Club Picnic to the  
 Tournament Director

#### Wilcox Bait and Tackle Irv Fenton Rockfish Tournament

December 1-31, 2020

\$20/each member & \$30/each non-member

Must Receive Completed Form no later than  
 the Board Mtg. Jan. 12, 2021

MAIL ENTRY FORMS TO: MR. MILTON HUDGINS, 1894 KATIE LANE, HAYES, VA 23072 (e-mail: [judygee03@gmail.com](mailto:judygee03@gmail.com))

#### Youth and Ladies Croaker/Spanish Mackerel Tournament

July 1-31, 2020

Free Tournament for Lady and Youth members/Guests

(Do not need to register to participate)

Must Receive Completed Entry Forms no later than the Board Mtg. August 11, 2020

Awards will be given at the **Annual Club Picnic on Sept. 20<sup>th</sup> at Dare Marina**

(Anglers for the Youth & Ladies Tournament are not required to be present to win)

RSVP by Sept. 15<sup>th</sup> if you are coming to the Annual Club Picnic to the Tournament Director

Continued on Pg 9



## 2020 PSWSFA Tournaments Rules

### ALL Club Tournaments (Except as noted on previous page):

- Entry Fees: \$20 for member & \$30 for non-member. Youth and Ladies croaker/flounder tourney is free.
- You must register before fishing by e-mailing Rick Wineman: [rick@getanetsportfishing.com](mailto:rick@getanetsportfishing.com) or call 757-268-1539.
- Leaving a message will be sufficient to register, give all anglers names (specify club members and club guest), and also give a phone number.
- Guest(s) must fish with at least one member on boat/shore/pier/kayak
- Use a club "Official Entry Form" and weigh in fish at any Va. Saltwater Tournament official weigh station. Record the weight of fish, date and time caught and have the weigh master sign the form to verify catch. If two identical fish are caught on the same day, the earlier fish wins. That is why time is so important. Triple Threat entries require witness or photo since this is a length total tourney.
- All pertinent PSWSFA bylaws apply

To register or ask questions, e-mail Rick Wineman, Tournament Director at [rick@getanetsportfishing.com](mailto:rick@getanetsportfishing.com) or call Rick @ 757-268-1539

**MEASURING INSTRUCTIONS:** With the fish lying on a flat surface, measure in quarter inch increments, from the tip of the mouth to the tip of the tail with the fish in a natural position and the mouth closed. **Please note the flounder is an example only.**



### SUMMER CATCH AND RELEASE



As the waters of the Chesapeake Bay warm up and people start fishing for summer stripers, we need to remember that as water temperatures rise above the 70s it reduces a rockfish's chance of survival. Whether the fish you just reeled in is undersized or you simply feel better about letting it go, always remember:

1. Don't net the fish, and if at all possible, lip it (put your thumb in its mouth and hold it by the lower jaw) and keep it in the water as you remove the hook.
2. If you're lifting it out of the water for a QUICK picture, support the aft end of the fish with your other hand and try not to stress the jaw hinge. Also remember that once air temperatures hit the 90s, fish you plan to release shouldn't be removed from the water, period.
3. Any time you touch a fish it's imperative you wet your hands, first, or you can inadvertently rub away their protective coat of slime. And never handle a fish with a dry rag, which will remove their slime anywhere it touches (using a soaking wet rag is fine).
4. If you're catching lots of sub-legal fish in search of a keeper, pull up stakes and move on rather than potentially killing fish while you search for a needle in a haystack.
5. Leave the ultralight tackle at home, and make sure you can pull those fish in fairly quickly. Extended fight-times do a number on the fish.

And most importantly, forego catch-and-release fishing with bait. Even if you're livelining with circle hooks, you're bound to harm a lot more fish than you will while using single-hook lures. And yes, using single hooks counts — trebles tend to do plenty of damage. You want to feel really good about yourself? Then go the extra mile, and crimp down the barbs on those hooks, too. The fish will thank you.

For a more in-depth look at safely handling fish you intend to release, see ***The Dos and Don'ts of Catch and Release Fishing.***



# Fishing Around the World



## Newfoundland Fishing: The Complete Guide

Written by Andriana

Gorgeous Newfoundland doesn't get nearly as much attention as it deserves. With its expanses of awe-inspiring wilderness and the oldest city in North America as its capital, the island has something for everyone. However, it's the Newfoundland fishing scene, unique as it is abundant, which makes all the difference among passionate anglers.

Freshwater or saltwater fishing, take your pick, you won't be disappointed either way. Newfoundland's culture is built on fishing and locals here are more than



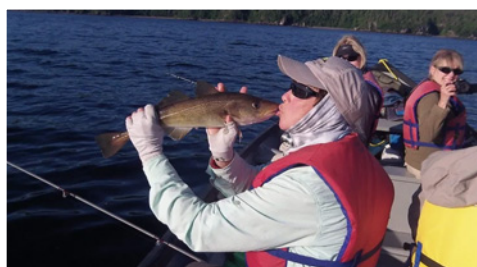
capable of showing you unforgettable angling action. While the island is only accessible for non-residents via sea or air, the trip will be worth it.

### Top Catches in Newfoundland

Now here's a topic that deserves to be unwrapped like a fun birthday gift. Fishing is a way of life on the island, so you're going to have a blast exploring all the diverse opportunities.

Atlantic Salmon, gorgeous Trout, as well as Atlantic Mackerel, Arctic Char, Halibut, Whitefish, Sharks, and Capelin are all in the cards. For a change in pace, Lobster, Crab, and Shrimp are on the menu.

From April–September, you can go after any of the mentioned species and enjoy the great weather while you're at it.



### The Tale of the Cod

Cod has been the most important fish in Newfoundland for several hundred years, both when it comes to food and jobs. Cod fishing has been a cornerstone of the island's economy for a long time, but that all changed in the late 20th century.

In 1992, the local Cod fishery suffered a collapse due to commercial overfishing that seriously depleted the fish stocks. A moratorium was declared and Cod fishing was prohibited for years.

Nowadays, the Cod are slowly returning, so recreational fishing for them is allowed, but strictly regulated. If you want to target and keep delicious Cod, then you should talk to your guide about when to come to Newfoundland.

The season is open for 40–45 days each year, usually only on weekends in July, August, and a part of September. Additionally, there are a couple of two-week blocks in July and September when you can go after all

*Continued on Pg 11*

## So you think you know your Fish

Can you name it?

A little harder this month!

Answer next month

hint - from brackish and fresh water





Groundfish. Daily limits are subject to change every year, but you can normally keep up to five fish.

The favorite local method for catching the favorite local fish is Cod jigging. No rod or reel is necessary, you'll hold a waxed-cord line with a baited hook in your hands and drop it close to the bottom. After that, all you have to do is make jigging motions and attract the attention of Cod. And when you do, your exciting battle can begin!

### **All This, and Salmon Too**

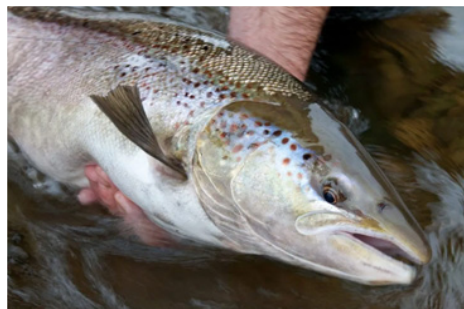
If you're an angler coming to Newfoundland, chances are, you're here to chase the majestic Salmon. This is hardly a surprise, seeing as well over half the continent's best Atlantic Salmon watersheds are on the island. During the open season, from June to September, big catches and thrilling battles are the norm.

Newfoundland Salmon are the ultimate game fish – they're big, strong, relentless fighters and impressive acrobats at that. Every season, you can find specimens weighing up to 30 pounds at the end of your line.

Anglers coming to Newfoundland can go after sea-run Salmon or focus their efforts on its land-locked cousin – Ouananiche. What Ouananiche lack in size, they make up for with feistiness and speed, which is their main appeal, especially when it comes to fly anglers.

In your angling quests, you might also stumble upon grilse, which are young Atlantic Salmon that spend only one year in the sea before they come inland for spawning. They're smaller than grown Salmon (usually about 6–8 pounds), but they're also quite a common catch.

In Newfoundland, Atlantic Salmon in all its shapes and sizes is a big deal, so don't miss out on this adventure!



### **Top Fishing Spots in Newfoundland**

Among the many advantages Newfoundland has to offer, the number and variety of fishing hotspots are at the very top. Here are some of the most prominent locations that promise successful times on the water.

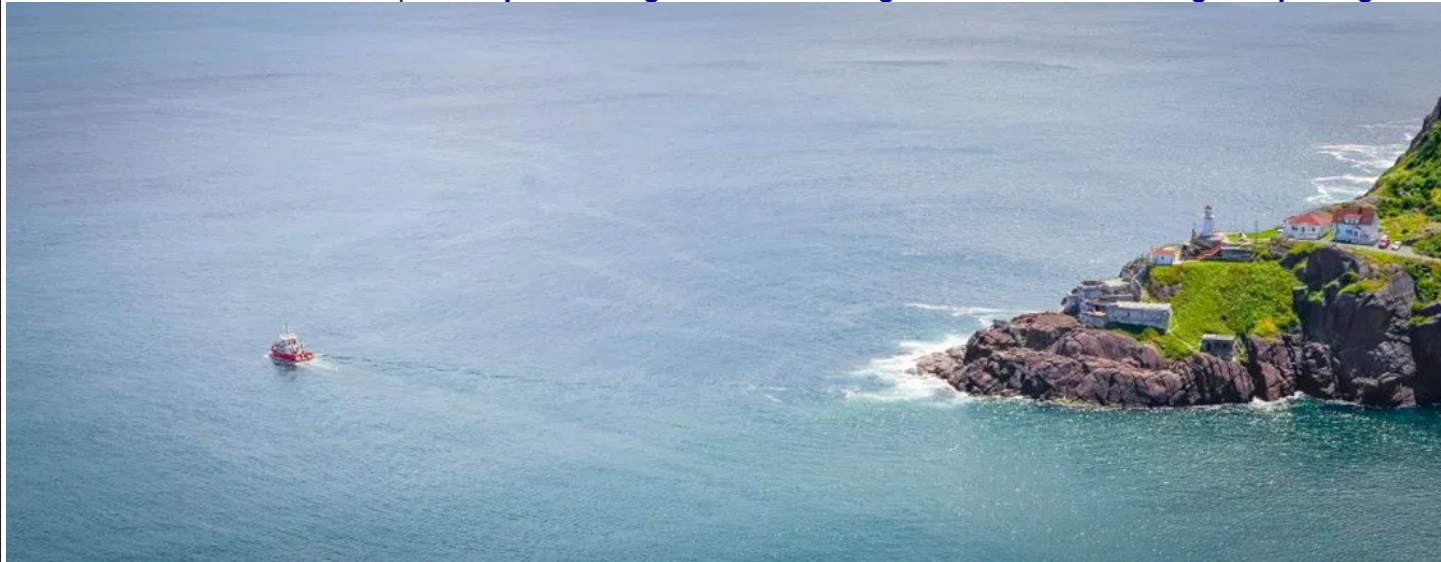
#### **The Great Banks of Newfoundland** *(must be a locals way of meaning Grand Banks...editor)*

There are few other places around the island that are better for saltwater fishing than The Great Banks. With hundreds of miles of fishing grounds, this is where you want to be during the Cod season.

The banks are actually plateaus where the warm Gulf Stream and cold Labrador Current meet, which makes for superb fish habitat, but tricky weather.

A lot of days, you'll have to navigate your way through the fog, due to the clash of the current temperatures. Still, local anglers love coming here, because the fish that live here are worth it. Think massive Atlantic Cod and other Groundfish, as well as Capelin and even Swordfish.

For more info and other hot spots: <https://fishingbooker.com/blog/newfoundland-fishing-complete-guide/>



## Directions to PSWSFA Meeting Location

Plumbers and Steamfitters Union Hall  
7812 Warwick Blvd, Newport News, VA

Going west on Mercury Blvd (towards the James River Bridge) make a right onto West Warwick Blvd, then almost immediately, at the 1st light, make a right onto Union Dr. Follow the road around to the largish one story building (about 150 yards). I don't believe the Union sign is still on the building.



## WHAT'S UP NEXT & BEYOND



**14 July 2020: PSWSFA Board meeting at Joe and Mimmas is live and in person - 1800-1930 or so**



**21 July 2020: The meeting is on at the old Plumbers Union Hall 1900 hrs come early to get reacquainted. Please wear a mask.**

### **MORE FROM DANNY:**

***Hello all,***

I am pleased to announce we will be holding our monthly club meeting next Tuesday, July 21st at the IBEW union hall on Warwick Blvd. The meeting will start at 7pm. The union hall meeting room is set up for social distancing with the chairs separated. Please keep the chairs apart from each other during the meeting. We are encouraging people to voluntarily wear face coverings as directed by Governor Northam for public gatherings. This will be the first meeting this year due to the Covid-19 outbreak. If governor Northam changes the directive for public gatherings back to less than fifty, we will not be having the meeting. I will email everyone on this list only if the meeting is going to be postponed. If you do not get another email regarding the meeting, assume the meeting will be taking place as scheduled.

I am looking forward to seeing everybody. Bring your friends!

PENINSULA SALT WATER SPORTS FISHERMAN'S ASSOC.  
P.O. Box 5194  
NEWPORT NEWS, VA 23605

